



# Los Angeles County

## WHEN YOU NEED TO WEAR A MASK

Indoor mask wearing rules and recommendations in Los Angeles County change based on state and county requirements and the LA County CDC COVID-19 community level and transmission rate. For details, see the LA County [COVID-19 Response Plan](#).

<b>YOU* MUST wear a mask:</b>
<ul style="list-style-type: none"> <li>• <b>In healthcare settings</b> (including long-term care settings and adult/senior care facilities).</li> <li>• <b>In places where it is required by the site, including business, schools, and workplaces.</b></li> <li>• <b>If you have COVID-19.</b> You must wear a <a href="#">highly protective mask</a> if you need to be around others, including at home, until you end <a href="#">isolation</a>. If you are eligible to end isolation after Day 5 because you have a negative test result, it is strongly recommended that you continue to wear a mask through Day 10. In workplace settings, you must wear a mask through Day 10.</li> <li>• <b>If you are a <a href="#">close contact</a> to someone with COVID-19.</b> You must wear a <a href="#">highly protective mask</a> when you are around others indoors for 10 days after your last day of exposure.</li> <li>• <b>Where required by public health for managing an outbreak</b> at your workplace, school, or the congregate setting where you live.</li> </ul>
<b>It is STRONGLY RECOMMENDED that you wear a mask:</b> (Unless required-see <i>You must wear a mask</i> above)
<ul style="list-style-type: none"> <li>• <b>In indoor public places if you are <a href="#">at risk for severe illness</a>,</b> especially if crowded or poorly ventilated. Wear a <a href="#">highly protective mask</a> when you are in these settings.</li> <li>• <b>On all forms of public transit,</b> including trains, buses, shuttle buses, taxis, ride-shares, and medical transport.</li> <li>• <b>In all transportation hubs,</b> including airport and bus terminals, train and subway stations, seaports or other indoor port terminals, or any other indoor area that serves as a transportation hub.</li> </ul>
<b>INDIVIDUAL PREFERENCE whether you wear a mask:</b> (Unless required – see <i>You must wear a mask</i> above)
<ul style="list-style-type: none"> <li>• <b>In state and local correctional facilities and detention centers.</b></li> <li>• <b>In homeless and emergency shelters.</b></li> <li>• <b>In any other public settings.</b></li> </ul>

**No one can be prevented from wearing a mask to participate in an activity or enter a business.**

Note: When masks are required, you are allowed to take off your mask while you are:

- Actively eating or drinking.
- Alone in a separate room or space.
- Showering or swimming.
- Receiving medical, dental, cosmetic, personal hygiene or personal care services (like a facial or shave) that cannot be done without removing your mask.
- Receiving or providing a speech, occupational or language therapy session where temporary removal of the mask is necessary, as determined by the therapy provider.

**\*There are some people who should not wear a mask**, such as children younger than 2, people with certain medical conditions or disabilities, and people instructed by their medical provider not to wear a mask. See [Who should not wear a mask](#) and [Special considerations for persons with communication difficulties or certain disabilities](#) for details and information on alternative types of face coverings.

To learn more about types of masks and rules and recommendations in LA County, visit [ph.lacounty.gov/masks](http://ph.lacounty.gov/masks).

